

Optimizing fertility outcomes for women with Congenital Adrenal Hyperplasia: an audit of the experience of pregnancy



Women with CAH who have been pregnant - we need your help!

We are pleased to announce a UK wide audit of pregnancies in women with CAH with a simple telephone questionnaire. The project started under Professor Gerard Conway, University College London and is now being extended to cover all of the UK.

There is very limited knowledge of the experience of pregnancy for women with CAH and almost nothing from women with salt losing form. One of the largest series reported from Sweden describes pregnancy in only 19 women. We think that across the UK we can increase this number greatly but we need your help. So far it looks as though there is an increased risk of diabetes in pregnancy and premature delivery before the expected 40 weeks. We know that over 80% of women with CAH have a Caesarean Section but we do not know how the decisions for Caesareans are made.

In this exciting new project we are seeking help from women with CAH all over the UK in order to collect more information on pregnancy. The project will involve a simple telephone interview that will take about 30 minutes. I hope that you can volunteer some time to take part. The more we know about the experience of pregnancy for women with CAH, the better we can care for women in the future.

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